

Amy C Iversen

MA MBBS PgDip PhD

Curriculum Vitae

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## EDUCATION

### POSTGRADUATE QUALIFICATIONS

- 2013      **Doctor of Philosophy (PhD) in Psychiatric Epidemiology**  
King's College London, University of London
- 2011      **Level 7 Diploma in Executive Coaching and Leadership Mentoring**  
Institute of Leadership and Management (ILM), London
- 2010      **Certificate of Completion of Training**, General Medical Council (UK)  
*General Adult Psychiatry with sub-specialty accreditation in Liaison Psychiatry*
- 2008      **Postgraduate Diploma (PgDip) in Cognitive Behavioural Therapy** *with merit*  
King's College London, University of London
- 2004      **Membership of the Royal College of Psychiatrists (MRCPsych)**
- 2001      **Membership of the Royal College of Physicians (MRCP)**

### UNIVERSITY EDUCATION

- 1998      **Master of Arts (MA)**  
University of Cambridge
- 1994 - 1997      **Bachelor of Medicine, Bachelor of Surgery (MB BS)** *with distinction in surgery*  
University College London & The Middlesex Hospital Medical School
- 1991 - 1994      **Bachelor of Arts; Natural Sciences Part II** *First Class*  
Jesus College, University of Cambridge
- Medical Sciences Part Ia and Ib** *Upper Second*  
Jesus College, University of Cambridge

### SCHOOL EDUCATION

- 1989 - 1991      **Haileybury, Hertford**  
GCE A-Levels in Biology (Step 1, A); Chemistry (A) and Physics (A)  
Ian Gordon Smith Prize for Medicine
- 1989 - 1991      **Hertfordshire and Essex School for Girls**  
10 GCSEs (all grade A)

## CURRENT APPOINTMENTS

*Since 09/2011* **Performance Coach, Cognacity**  
*Independent Practice in Harley Street, London*  
I see a variety of clients referred by the Practice for Executive Coaching. I am also a trainer, regularly leading the Cognacity flagship resilience programme 'Performing Under Pressure' a full day workshop aimed at promoting mental resilience to clients across a wider variety of sectors (sport, clergy, corporates and law)

## PREVIOUS APPOINTMENTS

### SENIOR POSTS

- 09/2011 – 03/ 2016 **Consultant Psychiatrist, Cognacity**  
*Independent Practice in Harley Street, London*  
I developed a specialist independent occupational psychiatry service offering expert assessments and advice for corporations who have employees for whom their mental health problems are influencing their work performance or who are suffering from mental health problems which are exacerbated by circumstances in the workplace. I also offered regular clinics in general adult psychiatry, seeing a variety of patients with common mental disorders.
- 09/2010 – 03/2015 **Consultant Liaison Psychiatrist, Guy's and St Thomas' NHS Foundation Trust  
Department of Occupational Health, & Department of Health and Wellbeing  
at the Houses of Parliament (2 PA a month)**  
In my role at St Thomas' I led a regular clinic seeing healthcare staff, including doctors, referred to me by members of the multi-disciplinary team. I saw patients for assessment and follow-up both independently and alongside my occupational medicine colleagues. I also offered MDT teaching workshops regularly to cover key topics in mental health.  
In my role at the Palace of Westminster, I saw a variety of staff, including Members of the Houses of Parliament and the Lords.
- 09/2010 – 12/2013 **Clinical Senior Lecturer in Academic Psychiatry &  
Director of Faculty Development for the Institute of Psychiatry**  
Department of Psychological Medicine, Institute of Psychiatry, London
- 10/2009 – 06/2010 **Locum Consultant Liaison Psychiatrist (Cognitive Behavioural Therapy)**  
King's College Hospital NHS Foundation Trust
- 09/2004 – 06/2010 **Clinical Lecturer**  
Department of Psychological Medicine, Institute of Psychiatry, London

### PSYCHIATRY TRAINING

- 09/2015 – 05/2016 **Specialist Registrar in Psychiatry**  
South London and Maudsley NHS Foundation Trust
- 05/2001 – 09/2004 **Senior House Officer**  
South London and Maudsley rotation

## MEDICAL TRAINING

- 04/2000 – 04/2001 **Senior House Officer (Neurology)**  
King's College Hospital, London
- 02/1999 – 02/2000 **Senior House Officer (General Medicine)**  
The Hammersmith Hospital, London
- 08/1998 – 02/1999 **House Officer (General Surgery)**  
Wycombe General Hospital
- 02/1998 – 08/1998 **House Officer (General Medicine)**  
University College Hospital and The Middlesex Hospital, London

## CLINICAL EXPERIENCE & EXPERTISE

During my clinical training, I developed a special interest and expertise in Cognitive Behaviour Therapy (CBT) and coaching.

- 04/2008 **Postgraduate Diploma (PgDip) in Cognitive Behavioural Therapy** *with merit*  
King's College London, University of London
- 04/2011 **ILM Level 7 Diploma in Executive Coaching and Leadership Mentoring**  
Management Futures & Institute of Leadership and Management

## COGNITIVE BEHAVIOURAL THERAPY IN PRACTICE

- 2009 – 2010 **Locum Consultant Liaison Psychiatrist**  
King's Dental Institute, King's College Hospital NHS Foundation Trust  
I set up a new CBT service including developing clinical assessment proforma, measures of clinical progress, and adapting disorder specific models for populations with medically unexplained facial pain and iatrogenic nerve injury.
- 2009 **Supervisor of the Improving Access to Psychological Therapies (IAPT) Course**  
Institute of Psychiatry  
I supervised the delivery of CBT theory and practice to inter-disciplinary trainees.
- 2007 – 2008 **CBT Therapist**  
Centre for Anxiety Disorders and Trauma, The Maudsley Hospital, South London and Maudsley NHS Foundation Trust  
*Training placement supervised by Dr Nick Grey and Dr Alicia Deale*

## COACHING IN PRACTICE

- 2009 – 2015 **Coach for doctors with mental health problems**  
Practitioners' Health Programme (PHP), London
- 2008 – 2015 **Coach for doctors**  
The London Deanery & Health Education England

## MENTORSHIP

- Since* 2015 **Mentoring Scheme at The Alzheimer's Society**  
Design | Training | Evaluation
- Since* 2015 **Mentoring Scheme at British Society for Gastroenterology**  
Design | Administration | Training | Evaluation
- Since* 2008 **Mentoring Scheme at the Academy of Medical Sciences**  
Training | Evaluation | Research
- 2014 – 2016 **Medical School Mentoring Scheme at Queen's University Belfast**  
Design | Training | Evaluation
- 2014 – 2016 **Committee Mentoring Scheme at British Medical Association**  
Design | Training
- 2014 – 2015 **Medical School Mentoring Scheme at University of Nottingham**  
Design | Training

- 2008 – 2009 **Women’s Advancement Initiative: IOP Mentoring Scheme**  
Principal’s Central Team, King’s College London  
This scheme was designed to address the gender gap in senior academic positions which is present across science, medicine and technology subjects at King’s College London. The study consisted of: a) a literature review and key stakeholder interviews identifying best practice; b) a pilot of mentoring for female academics at the Institute of Psychiatry (45 mentor / mentee pairs took part for 12 months); c) a series of focus groups with female scientists to work out barriers to career progression and practical solutions and d) an application for Athena Swan bronze status. I devised and oversaw the management of all aspects of this project. The results of the pilot of mentoring at the IOP, and a review of the literature was written up and published in *BMC Medical Education* (see Appendix 1).
- 2004 – 2008 **Maudsley Mentoring Scheme for Psychiatry Trainees**  
Institute of Psychiatry  
I devised and implemented this peer-led mentoring scheme for trainees after the completion of my own training. The scheme provides training and ongoing supervision for senior trainees in mentoring skills, and trainees then volunteer to mentor someone on the rotation who is their junior for a period of at least six months when they first start psychiatry. The scheme has been popular and successful and has supported more than 300 mentor / mentee pairs. I have published the set-up of this scheme in *BMJ Careers* (see Appendix 1).

## MULTIDISCIPLINARY PROFESSIONAL DEVELOPMENT

- Since* 2011 **Co-lead for the Early Career Faculty Development Series (ECFDS now called THRIVE)**  
Institute of Psychiatry, Psychology, and Neuroscience  
*Short-listed for a Times Higher Award in 2012*  
This course runs monthly offering eight coaching-based interactive workshops for mid-career researchers (both clinical and pure research) combined with peer-mentoring.
- 2009 – 2011 **European Training in Infectious Disease Emergencies (ETIDE)**  
The aim of the project was to enhance European capacity to recognise and respond effectively to infectious disease emergencies by developing a course for senior front-line health professionals in EU member states. I was an invited expert, and together with colleagues designed and delivered a training workshop on the psychological aspect of infectious disease emergencies.
- 2007 – 2009 **Lecturer in Organisational Psychology**  
MSc Programme, Institute of Psychiatry  
Lecture topics: coaching, mentoring and workplace buddy schemes

## RESEARCH & INNOVATION IN EDUCATION

- 2012 – 2013 **Working at the Mental Physical Divide**  
A pilot of a cross-disciplinary, cross- professional simulation based course to teach primary care, emergency doctors and nurses, psychiatric nurses, and psychiatry residents about issues which arise at the hinterlands of psychiatry and medicine (for example the care of psychiatric patients who are physically unwell, and the care of patients in the general hospital who develop psychiatric problems).
- 2011 – 2013 **A Trial of Team-based Learning in Graduate Psychiatry**  
Team-based learning is an exciting new educational technique that is becoming more widely adopted (for example the Duke-NUS in Singapore have an entirely TBL-based curriculum). Together with a registrar, I undertook an evaluation of a trial of Team Based Learning to ascertain whether it provides a superior way of teaching content knowledge for one specialist area (Addictions). We demonstrated using a before and after design improved classroom engagement amongst our residents.
- 2011 – 2013 **What role does visual art have in fostering reflective practice amongst medical students?**  
I supervised a research project that was designed to evaluate the impact of an SSC course in which students visit pieces of visual art (at Tate Modern) and encouraged to reflect on the works. This scheme is modelled on a successful scheme which runs at Harvard Medical School We collected before and after data to examine whether the course has any impact on students ability to be reflective in their practice, as well as using objective measures of empathy.
- 2011 – 2013 **Does provision of undergraduate psychotherapist experience improve communication skills in medical undergraduates?**  
I supervised a research project that is designed to evaluate the impact on medical students' communication skills/empathic communication of undertaking the new Student Psychotherapist Scheme SSC. We assessed the acquisition of these skills by using a 'before-and-after' design to look for a change in communication skills using the Cambridge-Calgary Scale.
- 2011 – 2013 **Development of an e-learning module to train multi-professional staff involved in the self-harm care pathway**  
I supervised the development of a new e-learning module with smart logic and embedded video clips to teach staff of all grades about management of patients who self-harm.
- 2011 **Systematic review of inter-professional education in mental health.**  
I supervised an Academic Foundation Year doctor to undertake this review.
- 2011 – 2013 **Emergency Psychiatry Immersion Course (EPIC) & Observed Skills in the Emergency Room (OSkER)**  
Together with my research fellow, I led a randomised controlled trial of two new educational interventions for new starters in psychiatry. The first is a simulation based two-day induction course covering key areas of emergency psychiatry. The second follows a cognitive apprenticeship model of providing senior cover to 'mentor' new starters in their first two on-calls in the ER.
- 2010 – 2013 **Fellowships in Medical Education, London Deanery**  
The grant funded a three-year programme with six senior psychiatry trainees coming to SLAM/IOP for six months to undertake dedicated projects in education research. I oversaw this scheme, and provided research supervision and mentorship for Fellows on this course.
- 2010 – 2011 **Principal Investigator: Training tomorrow's trainers, London Deanery**  
This grant funded the set-up, delivery and evaluation of an interactive group course for senior trainees covering skills in clinical and educational supervision. I oversaw all aspects of this project.
- 2009 – 2013 **Principal Investigator: Tomorrow's leaders of academic medicine**  
A proposal to involve undergraduates in academic psychiatry, King's Learning Institute  
The pump priming grant funded the set up a new Student Selected Component (SSC) for King's College London School of Medicine undergraduates entitled 'Psychiatry Research: Advances, challenges, and controversies'. I oversaw all aspects of the project, line-managed the SSC coordinator, and taught on the course.

## TEACHING

I have extensive experience of teaching in a wide range of undergraduate and postgraduate settings. Listed below is a combination of the projects that I have been involved with, and my teaching and organisational contribution to each.

### UNDERGRADUATE

- 2011 – 2013 **Clinical Advisor for Medical Students**
- 2011 – 2013 **Founder of New Student Selected Component for Medical Students**  
Student Psychotherapist Scheme  
Secured funding, and have set up this new SSC which allows medical students to undertake 6-8 months of psychotherapy with a patient with expert weekly supervision.
- 2011 – 2013 **Lecturer on Medically Unexplained Syndromes**  
NOP Lecture Course, Phase 3
- 2010 – 2013 **Member of the Careers Management Work Stream for King's Health Partners Education Academy**  
Involved with drawing together best practice for career development within the undergraduate medical curriculum, and devising a series of interventions to improve these opportunities for medical undergraduates.
- 2009 – 2013 **Inaugural member of the Institute of Psychiatry Summer School Planning Committee for UK-wide undergraduates**  
In 2009 I was an active member of the inaugural committee and developed and delivered a teaching session called 'Psychiatry Needs Talent' in which teams of students worked together to develop a research ideas which they then 'pitched' to their colleagues and our expert panel. In 2010, I informally chaired this committee and was responsible for the overall organisation of the school. I took part in the speed meeting event representing academic psychiatry.
- 2005 – 2009 **Special Study Module in Military Health**  
I devised and ran this special study module for 2-4 students, four times a year. Over the course of the SSM, we were continuously over-subscribed and we had more than 10 student publications, of which 2 were first author publications. I devised the seminar schedule, taught on the course, looked after students, and over-saw all the student projects (either as a direct supervisor, or co-supervisor).
- 2006 – 2010 **Lecturer on BSc in Brain Science course (for medical undergraduates)**  
Lecture title: Delirium. I taught on this course for 4 years and my average student score for this 2.5 hour workshop is 4.4/5.
- 2004 Devised one of the six **interactive web based teaching modules** in psychiatry used for small group tuition of medical undergraduates  
Topic: Traumatic Stress Disorder

In addition to this I regularly offered teaching and examination practice for undergraduates through the KCL Psychiatry Society.

I was a psychiatry examiner for psychiatry stations for King's College London School of Medicine for medical finals, and end of year exams.

Between 2005 and 2013 I hosted numerous work experience and medical student electives from both the UK and elsewhere (further details available on request).

I regularly represented psychiatry at Royal Society of Medicine undergraduate career evenings.



## POSTGRADUATE

- 2010 – 2013 **Research Exchange with Johns Hopkins Department of Psychiatry**  
I worked together with the Residency Program Director at Johns Hopkins to re-instate this exchange and our first student came to the UK in December 2010.
- 2010 – 2013 **Educational Research Special Interest Group/Seminars**  
I organised monthly seminars to build a community of trainees and seniors interested in medical/psychiatry education. The format alternates between discussion of a key paper from the literature, and presentation of new research/innovation by junior staff. The group was successful and popular.
- 2010 **External Review and preparation for the Strategy for Education.**  
I led the organisation of a two-day external review of our educational strategy in undergraduate and postgraduate medical education, with invited colleagues from the US and the UK.
- 2009 **Mini-sabbatical to United States centres of excellence**  
in psychiatry education at both undergraduate and postgraduate level  
During these trips I visited Duke, Columbia, Mount Sinai, Johns Hopkins and Harvard.
- 2006 – 2007 **Lecturer on MRCPsych course**  
I developed and delivered a workshop for trainees on ‘Antidepressants and Mood Stabilisers’ which utilised role play and peer feedback with a series of clinical scenarios relating to the prescription of anti-depressants.
- 2005 – 2006 **Tutor for trainee critical appraisal course**  
I was responsible for facilitating a weekly workshop in critical appraisal for trainees, inviting expert speakers, and chairing the discussion.

In addition, I regularly taught psychiatry for MRCP students preparing to take their Part II written examinations with the commercial exam company, Pastest and for ST trainees at King’s College London.

I have also regularly taught trainees during my time as a senior trainee on the ward, and in after-hours sessions for preparation for MRCPsych examination clinical viva. I have developed a series of template answers for the CASC examinations, which I use as a teaching aid for examination preparation.

## ACADEMIC ACTIVITY

I pursued an academic psychiatry career since commencing my training at the Maudsley in 2001 until I left in 2013. Over this time, I (co)authored more than 50 published papers. I have authored six first author publications (*see* Appendix 1), and four of these were in the top decile for the field (*see* Appendix 1). I also obtained independent research monies as a Principal Investigator (*see* Appendix 2).

My principal areas of interest during this time was military psychiatry. I was a founding member of the King's Centre for Military Health Research, at King's College London. I was an active member of the study team contributing to the design and execution of our main cohort study and subsequent follow up and I published widely with colleagues from this cohort (*see* Appendix 1).

I particularly enjoyed working at the interface of sociology and psychiatry with colleagues from the Department of War Studies in the early years of this venture. My own work in this field has focused on the epidemiology of common mental disorders in veterans, service utilisation, gaps in service provision and barriers to care for both veterans (the topic of my PhD thesis).

More recently I extended this interest to include the study of outcomes for children and families of those who return with combat related sequelae, and I have obtained a substantial grant in this area.

- 2009 – 2013 **Principal Investigator** (with Dr Nicola Fear)  
Children of military fathers  
*United States Department of Defense*
- 2007 – 2010 **Member of the study team**  
Operation TELIC: Investigation of possible health effects post conflict  
*United Kingdom Ministry of Defence*
- 2005 – 2007 **Principal Investigator**  
Nested cross-sectional clinical study of 821 service personnel examining prevalence of common mental disorders, health service utilisation and barriers to care (which formed the basis of my PhD)
- 2003 – 2007 **Member of the study team**  
Monitoring the physical and psychological health of veterans of the recent deployment to Iraq  
*United Kingdom Ministry of Defence*
- 2004 – 2005 **Principal Investigator**  
Post-discharge mentoring of vulnerable service leavers  
*United Kingdom Ministry of Defence*
- 2003 – 2004 **Principal Investigator**  
*United Kingdom Ministry of Defence*  
Help seeking and service receipt in a sample of UK veterans; a cross-sectional telephone based clinical study of health and service utilisation in 415 UK veterans.
- 2003 **Member of the study team**  
Improving cross-departmental support and service delivery for UK veterans  
*United Kingdom Ministry of Defence*

## REFERENCES

*Referee*

Dr Gary Bell  
*Director*

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*Referee*

Professor Sir Simon Wessely  
*Regius Professor of Psychiatry*  
*Professor of Epidemiological and Liaison Psychiatry*  
*President of the Royal College of Psychiatrists*

Department of Psychological Medicine  
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## APPENDIX I

### PEER-REVIEWED ARTICLES IN MILITARY HEALTH

**Bold text** indicates a top decile cited paper for the specialist area

Forbes HJ, Virr C, Jones N, Greenberg N, Jones E, Wessely S, Iversen AC, Fear NT. Attitudes to mental illness in the UK military: a comparison with the general population. *Military Medicine*. 2013 Sep;178(9):957-65

Rona RJ, Jones M, Fear NT, Hull L, Murphy D, Machell L, Coker B, Iversen AC, Jones N, David AS, Greenberg N, Hotopf M, Wessely S. Mild Traumatic Brain Injury (mTBI) in the UK military personnel returning from Afghanistan and Iraq. Cohort and cross-sectional analyses. *Journal of Head Trauma Rehabilitation*. 2012;27(1):33-44

MacManus D, Dean K, Al-Bakir M, Iversen AC, Hull L, Fahy T, Wessely S, Fear N. Violent behaviour by UK military personnel on returning home after deployment. *Psychological Med*. 2012;42(8):1663-73.

Macmanus D, Dean K, Iversen AC, Hull L, Jones N, Fahy T, Wessely S, Fear NT. Impact of pre-enlistment antisocial behaviour on behavioural outcomes among U.K. military personnel. *Social Psychiatry and Psychiatric Epidemiology*. Aug 2012; 47(8):1353-8.

Burdett, H; Woodhead C; Iversen, AC; Wessely, S; Dandeker, C; Fear NT. Are You a Veteran? Understanding of the Term Veteran among UK Ex-Service Personnel A Research Note. *Armed Forces and Society* 2012; DOI:10.1177/0095327X12452033

Pinder RJ, Iversen A, Kapur N, Wessely S, Fear N. Self-harm and attempted suicide in UK Armed Forces personnel: results of a cross-sectional survey. *International Journal of Social Psychiatry*, June 2011, 1-7

Greenberg N, Langston V, Iversen AC, Wessely S. The acceptability of 'Trauma Risk Management' within the UK Armed Forces. *Occup Med (Lond)*. May 2011; 61(3): 184-189.

de Burgh HT, White CJ, Fear NT, Iversen AC. The impact of deployment to Iraq or Afghanistan on partners and wives of military personnel. *International Review of Psychiatry*. Apr 2011; 23(2):192-200.

Forbes HJ, Fear NT, Iversen AC, Dandeker C. The Mental Health of UK Armed Forces Personnel: The Impact of Iraq and Afghanistan. *RUSI*, Apr 2011, Vol. 156, No. 2

White CJ, Burgh HT, Fear NT, Iversen AC. The impact of deployment to Iraq or Afghanistan on military children: A review of the literature. *International Review of Psychiatry*, Apr 2011; 23: 210-217.

Iversen, A, van Staden, L, Hughes, JH, Greenberg, N, Hotopf, M, Rona, R, Thornicroft, G, Wessely, S and Fear, N. "The stigma of mental health problems and other barriers to care in the UK Armed Forces." *BMC Health Services Research*, (2011) 11(1): 31.

Woodhead C, Rona, RJ, Iversen AC, Macmanus D, Hotopf M, Dean K, McManus S, Meltzer H, Brugha T, Jenkins R, Wessely S, Fear NT. "Health of national service veterans: an analysis of a community-based sample using data from the 2007 Adult Psychiatric Morbidity Survey of England." *Social Psychiatry and Psychiatric Epidemiology* (2010): 1-8.

Greenberg N, Langston V, Everitt B, Iversen A, Fear N, Jones N, Wessely S. A cluster randomised controlled trial to determine the efficacy of TRIM (Trauma Risk Management) in a military population. *Journal of Traumatic Stress* 2010; 23: 430-436.

Iversen AC, Staden L, Hughes JH, Browne T, Greenberg N, Hotopf M, Rona R, Wessely S, Thornicroft G, Fear NT. Help-seeking and receipt of treatment among UK service personnel. *The British Journal of Psychiatry* 2010; 197: 149-155.

Fear NT, van Staden L, Iversen AC, Hall J, Wessely S. 50 ways to trace your veteran: increasing response rates can be cheap and effective. *European Journal of Psychotraumatology* 2010; 1: 5516 - DOI: 10.3402/ejpt.v1i0.5516

Fear NT, Jones M, Murphy D, Hull L, Iversen AC, Coker B, Machell L, Sundin J, Woodhead C, Jones N, Greenberg N, Landau S, Dandeker C, Rona R, Hotopf M, Wessely S. What are the consequences of deployment to Iraq and Afghanistan on the mental health of the UK Armed Forces? A cohort study. *Lancet* 2010; 375: 1783- 1797.

Woodhead C, Rona RJ, Iversen A, Macmanus D, Hotopf M, Dean K, McManus S, Meltzer H, Brugha T, Jenkins R, Wessely S, Fear NT. Mental health and health service use among post-national service veterans: results from the 2007 Adult Psychiatric Morbidity Survey of England. *Psychol Med*. 2010; 21: 1-10.

Langston V, Greenberg N, Fear N, Iversen A, French C, Wessely S. Stigma and mental health in the Royal Navy: A mixed methods paper. *J Ment Health* 2010; 19: 8-16.

Iversen A, Greenberg N. Mental health of regular and reserve veterans. *Advances in Psychiatric Treatment* 2009; 15: 100-106.

Pinder RJ, Murphy D, Hatch S, Iversen A, Dandeker C, Wessely S. A Mixed Methods Analysis of the Perceptions of the Media by Members of the British Forces during the Iraq War. *Armed Forces and Society* 2009; 36: 131-152

**Iversen AC, van Staden L, Hughes JH, Browne T, Hull L, Hall J, Greenberg N, Rona RJ, Hotopf M, Wessely S, Fear NT. The prevalence of common mental disorders and PTSD in the UK military: using data from a clinical interview-based study. *BMC Psychiatry* 2009; 9: 68.**

Sundin J, Fear NT, Iversen A, Rona RJ, Wessely S. PTSD after deployment to Iraq: conflicting rates, conflicting claims. *Psychol Med.* 2010; 40: 367-82.

Rona RJ, Jones M, Iversen A, Hull L, Greenberg N, Fear NT, Hotopf M, Wessely S. The impact of posttraumatic stress disorder on impairment in the UK military at the time of the Iraq war. *J Psychiatr Res.* 2009; 43: 649-55.

Rona RJ, Hooper R, Jones M, Iversen AC, Hull L, Murphy D, Hotopf M, Wessely S. The contribution of prior psychological symptoms and combat exposure to post Iraq deployment mental health in the UK military. *J Trauma Stress* 2009; 22: 11-9.

Fear NT, Iversen AC, Chatterjee A, Jones M, Greenberg N, Hull L, Rona RJ, Hotopf M, Wessely S. Risky driving among regular armed forces personnel from the United Kingdom. *Am J Prev Med.* 2008; 35: 230-6.

Browne T, Iversen A, Hull L, Workman L, Barker C, Horn O, Jones M, Murphy D, Greenberg N, Rona R, Hotopf M, Wessely S, Fear NT. How do experiences in Iraq affect alcohol use among male UK armed forces personnel? *Occup Environ Med.* 2008; 65: 628-33.

Murphy D, Iversen A, Greenberg N. The mental health of veterans. *J R Army Med Corps.* 2008; 154: 136-9.

**Iversen AC, Fear NT, Ehlers A, Hacker Hughes J, Hull L, Earnshaw M, Greenberg N, Rona R, Wessely S, Hotopf M. Risk factors for post-traumatic stress disorder among UK Armed Forces personnel. *Psychol Med.* 2008; 38: 511-22**

Greenberg N, Iversen A, Hull L, Bland D, Wessely S. Getting a piece of the action: measures of post traumatic stress in UK military peacekeepers. *J R Soc Med.* 2008; 101: 78-84.

**Iversen A, Fear N, Simonoff E, Hull L, Horn O, Greenberg N, Hotopf M, Rona R, Wessely S. Pre enlistment vulnerability factors and their influence on health outcomes in UK Military personnel. *Br J Psychiatry* 2007; 191: 506-511.**

Fear N, Iversen A, Meltzer H, Workman L, Hull L, Greenberg N, Earnshaw M, Rona R, Hotopf M, Wessely S. Do the UK Armed Forces drink more than the general population? Patterns of drinking in the military and comparisons with the general population? *Addictions* 2007; 102: 1749-1759.

Iversen A, Morriss R, Greenberg N, Wessely S. Bridging the Gulf: "Gulf War Syndrome": What we know and what we don't. *Advances in Clinical Neurosciences and Rehabilitation* 2007; 7: 6-7.

Fear NT, Iversen A, Meltzer H, Workman L, Hull L, Greenberg N, Barker C, Browne T, Earnshaw M, Horn O, Jones M, Murphy D, Rona RJ, Hotopf M, Wessely S. Patterns of drinking in the UK Armed Forces. *Addiction.* 2007 Nov; 102: 1749-59.

Iversen A, Chalder T, Wessely S. Gulf War Illness: lessons from medically unexplained symptoms. *Clin Psychol Rev.* 2007; 27: 842-54.

Greenberg N, Henderson A, Langston V, Iversen A, Wessely S. Peer responses to perceived stress in the Royal Navy. *Occup Med (Lond).* 2007; 57: 424-9.

Iversen A, Drinkwater A, Fear N, Greenberg N, Barker C, Hotopf M, Hull L, Wessely S. Factors associated with heavy alcohol consumption in the U.K. armed forces: data from a health survey of Gulf, Bosnia, and era veterans. *Mil Med.* 2007; 172: 956-61.

van Staden L, Fear NT, Iversen AC, French CE, Dandeker C, Wessely S. Transition back into civilian life: a study of personnel leaving the U.K. armed forces via "military prison". *Mil Med.* 2007; 172: 925-30.

van Staden LN, Fear N, Iversen A, French C, Dandeker C, Wessely S. Young military veterans show similar help seeking behaviour. *BMJ.* 2007; 334: 382.

Stein DJ, Seedat S, Iversen A, Wessely S. Post-traumatic stress disorder: medicine and politics. *Lancet* 2007; 369: 139-44.

**Iversen A, Liddell K, Fear N, Hotopf M, Wessely S. Consent, Confidentiality and the Data Protection Act: Epidemiological Research and hard-to-engage cohorts. *BMJ.* 2006; 332: 165-169**

Dandeker C, Iversen A, Ross J, Wessely S. What is a Veteran? *Armed Forces and Society* 2006; 32: 161-77.

Hotopf M, Hull L, Fear NT, Browne T, Horn O, Iversen A, Jones M, Murphy D, Bland D, Earnshaw M, Greenberg N, Hughes JH, Tate AR, Dandeker C, Rona R, Wessely S. The health of UK military personnel who deployed to the 2003 Iraq war: a cohort study. *Lancet.* 2006; 367: 1731-41.

Iversen A, Dyson C, Smith N, Greenberg N, Walwyn R, Unwin C, Hull L, Hotopf M, Dandeker C, Ross J, Wessely S. 'Goodbye and good luck': the mental health needs and treatment experiences of British ex-service personnel. *Br J Psychiatry*. 2005; 186: 480-6.

Iversen A, Nikolaou V, Greenberg N, Unwin C, Hull L, Hotopf M, Dandeker C, Ross J, Wessely S. What happens to British veterans when they leave the armed forces? *Eur J Public Health*. 2005; 15: 175-84.

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## APPENDIX 2

### MILITARY HEALTH

- 2009 – 2013 Children of Military Fathers  
United States Department of Defense, USA.  
£1.2 million (with *Dr Nicola T Fear*)

### MEDICAL EDUCATION/FACULTY DEVELOPMENT

- 09/2011 Student Psychotherapist Scheme  
£20,000
- 06/2011 Advanced Simulation Training Course Provider  
£32,673 (with *Jaye*)
- 05/2011 Observed Clinical Skills in the Emergency Room  
£18,307 (with *Izmeth* and *Cross*)
- 03/2011 Developing a simulation-based induction course for new psychiatry trainees  
SLAM Charitable Trustees.  
£4500 & £29,500 (with *Thomson*)
- 12/2010 E-learning for health professionals on the self-harm care pathway STELI (London  
Deanery) - Innovative Trainee of the Year Award  
£7075 (with *Hussain*)
- 2010 – 2011 Training Tomorrows Trainers, London Deanery, London  
£17,500
- 2010 – 2014 Fellowships in Medical Education, London Deanery, London  
£138,000
- 11/2009 Student Selected Component in Academic Psychiatry  
King's Learning Institute  
£19,500 and now funding has been extended by the Institute of Psychiatry
- 2008 – 2009 Women's Advancement Initiative  
King's College London Principal's Central Team.  
£120,000
- 04/2008 Maudsley Mentoring Scheme for Trainees  
SLAM Trustees  
£2800
- 04/2008 Children of mothers of Psychiatric Inpatients  
SLAM Trustees  
£3500
- 2004 – 2005 Post-discharge mentoring for vulnerable service leavers  
UK Ministry of Defence, UK  
£91,000